

REFAA MUSLEH ALARYANI

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FEMALE • UAE CITIZEN

PROFILE:

I am an inspiring, creative, and positive individual. I am a member of several volunteer teams and the Director General of the Emirates Association for Positivity and Happiness. I am known for my leadership qualities and strive to broaden my horizons and utilize my skills to serve my organization and community. I also want to give back to my country, which has shaped me into who I am today. I believe in my personal motto, which was spoken by His Highness Sheikh Mohammed bin Rashid Al Maktoum: "A person has two choices: to be a follower or a leader, and we want to be leaders and pioneers."

EDUCATION:

- **Oct - 2025**

Professional Diploma Program in Entrepreneurship

- **July - 2025**

Honory Doctorate Degree in Creativity and Innovation (from: American University)

- **Mar 2024 To April 2024**

Traning Program In Customer service Skills

- **Nov - 2020**

Certified International Professional Trainer of coaching (from Cambridge International)

- **2018-2019**

Official Certified Trainer from SEHA.

- **Dec- 2017**

Certified International Professional Trainer- CIPT – (from LMGO (Leadership and Management Global Organization)

- **1996 - 2001**

Bachelor in Social Work, UAE University ♣ Excellence degree with an honor (3.77/4.0)

- **1995 – 1996**

High School Certificate.

WORK EXPERIENCE:

- **Director General of the Emirates Association for Positivity and Happiness** **From OCT 2025**
- **Chairperson of the Parents' Council, to 2025** **From Sep 2017**
Al-Tumoooh School (Sections 1, 2, and 3)
- **Member of the Emirates Association for Women Entrepreneurs** **From Oct 2024**
- **Coach and certified trainer in self-development and skills enhancement** **From Sep 2020**
- **Member of the Emirates Volunteers Platform V094057 with 365 hours** **From 2019/2025**
***[28 years] Work in the Al Ain Hospital**
- **Senior Government Relation officer** **4 Sep 2014 –11**
May 2021 - HR Housing & Government Relation Section
Managed by SEHA Al Ain Hospital
- **Senior Recruitment officer** **1 May 2011 – 3 Sept.**
2014 - HR Recruitment Section Managed
by VAMED and MUVI Al Ain Hospital
- **Recruitment Specialist** **Sep 2009 – 30th April 2011**
HR Recruitment Section Managed
by VAMED and MUVI Al Ain Hospital.
- **Social Specialist Officer** **June 2005 - August 2009**
HR Employee's Personnel Section Managed
by GAHS 2005 - 2007/VAMED and MUVI (2008 – 2009)
- **Head of Leave Section** **Mar 2003 – May 2005**
HR Employee's Personnel Section] Manage
by Ministry of Health.
- **Supervision of Reception and Clerks** **June 1995 – Feb 2002**
Main Laboratory Department Managed
by Ministry of Health
- **Clerk** **March 1994 – Mar 1995**
Main Laboratory Department Managed
by Ministry of Health Al Ain Hospital

ROLES & VOLUNTEERING EXPERIENCE:

- Certified GoodWill Ambassador - from The Arab Creators Organization 2025/2026.
- My receipt of the Corporate Social Responsibility Award 27/7/2025.
- Certified Trainer from Positive Mind Professional Training 2025\2026
- I was awarded the title of Ambassador of Arab Creativity for the year 2025
- A member in working at the front-lines of COVID-19-2019/2021.
- Certified International Professional Trainer of coaching (from Cambridge International)
- Certified International Professional Trainer – CIPT.
- Member of Ehtiwa'a Team - Life Coaching in SEHA,2018/ 2020.
- A member in Atheer Al Ain and Preparation Coordinator in Al Ain hospital. 2016/2020.
- Representor for licensing project from Al Ain Hospitalto Cer dentialing Review Section at Health Authority- Abu-Dhabai 2010/2011.
- A member in Musharaka Majlis in Seha.2018
- A member in CCPC & DOH Comments & Observations. o Strategic Improvement Plan (SIP).
- A member in HR Projects: o "Wamadat" o "HR News Letter". 2018/2019/2020.
- A member in the Innovation Club in Al Ain Hospital. 2017/2018.
- Responsible of "We are here for you" "نحن هنا من أجلك" initiative in 2018-2019.
- Co-Founder and Vice-President of Coaching Club in Al Ain hospital.2016/2017
- Coordinates the open day of Atheer Al Ain and Atheer Challenge in 2017.

Outside Seha:

- A member in Al Emirates Association for Women Entrepreneurs.2024-until now.
- A member in Al Watan Volunteering team.2016-until now.
- A member in Emirates Association for Positivity and Happiness. 2018-until now.
- A member in UAEU Alumni Associationin 2001-2025.
- A member in Positve Mind Training & Consultancy Center 03/2022.
- Head of the communication team at Al TAMOUH School.2017 to 2025.

TRAINING COURSES COMPLETED:

1	Certified GoodWill Ambassador - from The Arab Creators Organization	2025/2026
2	Certificate of participation in the International Conference for Women Entrepreneurs under the theme "Inspiring Leaders...Sustainable Projects"	2025
3	certified Mental health in the age of artificial intelligence (opportunities and challenges)	2025
4	The parents' dialogue session discussed the aspirations and needs of young people in the UAE	2025
5	Presenting a workshop entitled "Emirati Customs: A Living Heritage and a Symbol of Pride"	2025
6	Certificate of attendance for a training course entitled "Flexibility in Thinking and Mental Agility"	2025
7	Participating in the Emirati Values Iftar for Asian and African families during the holy month of Ramadan for two consecutive years	2024 / 2025
8	Participating in the "Plant the Emirates" initiative	2024
9	Certificate of participation in the Artificial Intelligence and the Future of Jobs lecture	2024
10	Participating in the "My Nationality is Human" march at the Dubai Frame	2024
11	I won first place in the Mubadirun Award, Family Initiative category, for the initiative (Your Hospitality is on Us).	2023
12	Presenting a lecture on personality types and the art of dealing with them	2023
13	Critical Thinking -Analysis of Argument	30/4 -11/06/2020
14	Presenting a workshop on the elements of success, the National Volunteer Team	14/05/2020
15	Presentation of a workshop on the elements of success under Emirates Society for Positivity and Happiness	08/05/2020
16	Presenting a "Teamwork Spirit" through 60 minutes' program..	07/05/2018
17	Certificate of Attending Clinical Care Program Certification with JCI Fair.	25-26/03/2018
18	Certificate of contribution and participation in the "Year of Zayed Forum" with the National Volunteer Team	18-24/11/2017
19	A certificate of contribution to the "Environmental Footprint" event on the occasion of the Tree Week with the Al Watan Volunteer Team	09/11/2017

SKILLS:

- Leadership skills
- Prioritization skills
- Problem-solving skills
- Decision-making skills
- Effective communication skills
- Listening skills
- Computer Skills in Windows Fundamentals.
- Strong organizational, time management and administrative skills.
- Flexible, quick learner Dedicated and hard worker.
- Ability to work under pressure with minimum supervision Language skills.

REFERENCES:

1. Ms. Fatima Saif Al Shamsi Human Resources Trainig , Al Ain Hospital 03-702-1111.
2. Mr. Sultan Saeed Al Nuaimi Patient Access Manager, Al Ain Hospital 03-702-3338.
3. Ms. Amna Ali Jaffal Manager of Medical Laboratory, Al Ain Hospital 03-702-2466/2469.